Rutherford County State of the County Health Report

2022

FOOTHILLS
HEALTH DISTRICT

Progress on CHIPs

Please see the "Progress in 2022" note tabs under each program for 2022 updates. Additionally, each performace measure has 2022 updates.

2022 **Diabetes Education Program**

2022 **Sugar Shock Program**

2022 **BASICS Food Box Distribution**

Significant or Notable Changes in Morbidity or Mortality

The following represent significant morbidity and mortality changes in our community.

Leading Causes of Death Table

- ○   The change from 2020 to 2022 show an slight increase in Diseases of Heart deaths as it is still the leading cause of death.

Rank	Cause of Death	Rutherford # Deaths	Rutherford Death Rate
1	Diseases of Heart	951	191.2
2	Cancer	857	167.3
3	Chronic Lower Respiratory Diseases	383	73.6
4	Cerebrovascular Disease	291	59.0
5	All Other Unintentional Injuries	187	49.4
6	Alzheimer's disease	139	27.5
7	Diabetes Mellitus	117	24.0
8	COVID-19	115	22.4
9	Nephritis, Nephrotic Syndrome, and Nephrosis	108	20.4
10	Unintentional Motor Vehicle Injuries	65	18.8
11	Pneumonia and Influenza	89	18.7
12	Suicide	62	18.5
13	Chronic Liver Disease and Cirrhosis	75	15.2
14	Septicemia	69	13.7
15	Homicide	11	3.8
16	Acquired Immune Deficiency Syndrome	8	2.3
	All Causes (some not listed)	4,506	931.1

(Citation: North Carolina State Center for Health Statistics (NC SCHS). (2020). *Causes of Death.* [Data tables]. Available from https://schs.dph.ncdhhs.gov/data/.)

NC Opioid Dashboard

OSUAP 3.0	Equity	How to Use	Strategies	Metrics	Actions	Local Equity	Compare	Action Grid

Comparing Metrics & Actions
Some may find use in comparing their metrics and local actions to peer places, or to larger areas like the state.
Use the below metric and local actions tables to compare the status of two places.

Counties - Rutherford

Place 1

			METRICS	
Strategy	**Measure**	**Year**	**Rutherford**	**NC**
1) Track progress	Drug overdose deaths	2021	50.7 (n= 34)	38.5 (n= 4,041)
	Drug overdose ED visits	2022	255.1 (n= 171)	150.8 (n= 15,820)
2) Reduce Supply	Illicit opioid overdose deaths	2021	67.6 (n= 23)	78.3 (n= 3,166)
	Patients receiving opioid pills	2021	15.8 (n= 10,594)	12.9 (n= 1,355,132)
3) Families	Children in foster care due to parental substance use	2021	66.3 (n= 128)	45.7 (n= 6,700)
	Newborns affected by SU with POSC referral	2020	11.3 (n= 76)	3.7 (n= 4,471)
4) Harm Reduction	Acute Hepatitis C infections	2020	0.0 (n= 0)	1.0 (n= 101)
	Community naloxone reversals	2021	0.0 (n= 0)	39.6 (n= 4,154)
5) Non-medical health drivers	Calls for housing-related services	2021	1,295.0 (n= 868)	1,124.2 (n= 117,908)
	Unemployed individuals	2021	4.4 (n= 1,087)	3.2 (n= 160,670)
6) Justice-Involved Populations	Incarcerated individuals	2021	365.5 (n= 245)	282.5 (n= 29,629)
	Law Enforcement naloxone reversals	2021	0.0 (n= 0)	0.0 (n= 3)
7) Treatment & Recovery	Patients receiving buprenorphine	2021	0.7 (n= 476)	0.5 (n= 52,465)
	People served by treatment programs	2021	481.9 (n= 323)	463.7 (n= 48,637)
8A) Equity: AI/AN NH	Deaths (AI/AN)	2020	97.0 (n= 1)	83.6 (n= 104)
8B) Equity: Black NH	Deaths (Black)	2020	17.4 (n= 6)	26.7 (n= 627)
8C) Equity: Hispanic	Deaths (Hispanic)	2020	0.0 (n= 0)	10.7 (n= 113)
8D) Equity: Asian NH	Deaths (Asian)	2020	0.0 (n= 0)	4.6 (n= 17)
8E) Equity: White NH	Deaths (White nH)	2020	29.6 (n= 83)	36.1 (n= 2,424)

Emerging Issues Impacting Health

These are the new or emerging issues in our community in 2022 that were not identified as priorities in our CHA.

Lack of Housing

Overdose deaths

New, Paused, or, Discontinued Initiates, or, Activates

The following are new initiatives or changes in our community in 2022:

- **Rutherford County Health Department has begun a food pantry to handout to clients who are in need. We are working on applying for grants to be able to purchase healthy foods for these indivduals as we currently work off staff and community donations.**

There are new community health council efforts to address food insecurity and lack of housing.

- **There are new community collaborations to assist those with substance use, mental health, and medical**

challenges with a Harm Reduction Team.